



Land Art
2334, Marie-Victorin
Varenes , Quebec
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B-COMPLEX (LA1180-500)

Product description

Group B vitamins are essential and complementary, which is why a complete formula is necessary. Unique because of its liquid form and its optimal concentrations, B-Complex from Land Art is more effective and more easily absorbed.

Dosage:

Adult: 1 tablespoon (15 ml) daily. Take with food.

Medicinal ingredients: per 15 ml

Vitamin B1 (Thiamine hydrochloride)	45 mg
Vitamin B2 (Riboflavin)	36 mg
Vitamin B3 (Niacinamide)	30 mg
Vitamin B5 - Pantothenic acid (Calcium pantothenate)	82 mg
Vitamin B6 (Pyridoxine hydrochloride)	27 mg
Vitamin B12 (Cyanocobalamin)	78 µg
Vitamin C (Ascorbic acid)	9 mg
Biotin	90 µg
Folic acid (Folate)	720 µg

Non medicinal ingredients:

Purified water, concentrated apple juice, natural flavor, citric acid,
xanthan gum, sodium benzoate, potassium sorbate.

Contains no dairy, wheat, gluten, yeast or corn.

NPN # 80005671

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