

PureDrop MAGNESIUM (LA2001-250)

Product description

Medicinal ingredients per 10 ml dose

Magnesium (magnesium sulphate): 125 mg
Non-medical ingredients: Purified water, concentrated fruit juices (apple, grape, blueberry, pomegranate, cranberry).

No added sugar, aroma or coloring agents. No preservatives. No allergens (gluten, wheat, dairy products, yeast, corn).

Natural source active agents.

Dosage: Children 0-13 years old: 5 ml per day. Adults and adolescent 14 and over: 10 ml per day.

Potential causes of magnesium deficiency:

On top of not getting enough nutritionally, other causes may create magnesium deficiency:

Long term use of certain medicines can increase the loss of magnesium through the urine: diuretics, certain antibiotics (gentamicin, amphotericin) and cyclosporine (immunosuppressant); Insufficient intestinal absorption of magnesium caused by Crohn's Disease, celiac disease or intestinal surgery, for example; Alcoholism; Oral contraceptives, estrogens and Cisplatin (chemotherapy drug). Therapeutic virtues when taken on a daily basis:

Magnesium is essential for the metabolism of calcium and vitamin C, as well as that of phosphorus, sodium and potassium. Each cell in the body needs magnesium to produce energy. Magnesium participates in the creation of over 300 enzymes that transmit messages to the nervous system. Magnesium also helps in the use of other vitamins and minerals such as vitamin C and calcium.

Helps combat depression; Helps eliminate fat and produces energy; Helps in the formation of tissues; Helps prevent migraines (500 mg/day as soon as symptoms appear); Helps balance pH; Helps prevent premature labour in pregnant women; Helps prevent calcium deposits such as kidney stones (100-300 mg/day) and gallstones; Helps prevent muscle spasms (relaxes the muscle); Helps the proper functioning of muscles and nerves; Helps in the development of bones and teeth; Anti stress; Ensures healthy teeth; Contributes to maintaining good health; Eases intense angina pain; Essential in the conversion of blood sugar to energy; Creates better cardiovascular health (a favourable heart rhythm and stabilises blood pressure (500mg/day); Associates itself to calcium to ensure bone strength; Regulates cholesterol levels; Eases indigestion; Eases premenstrual syndrome (PMS), 300-500 mg/day during the 2 weeks preceding the period.

Use:
May be taken in a glass of juice, water or as is (pleasant taste). Do not take magnesium after a meal as it neutralises gastric acid and can prevent proper digestion. Shake well before use. To avoid contaminating the product, do not drink directly from the bottle or from the dropper. Use within 4 weeks of opening the bottle.

Caution: An excess of magnesium causes diarrhoea.

var addthis_pub = "AROMATIK";var addthis_config = { data_track_clickback: true}

Primary picture

